

Energy and other experiments for dreaming consciously



ABOUT TUTORIAL

This tutorial offers never before published detailed information on double terminated quartz crystals as well as energy cultivation approaches (such as qigong and neigong) with specific dream work cultivation methods

FEATURES

- 5-Section tutorial
- In-depth theory & practice
- Contextualized experiences
- Option of personal tuition included

Tutorial builds on *Dreaming Consciously*

[Access tutorial and trailer on Vimeo](#)

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